

## **SIK, Hin Tak (釋衍德), Assistant Professor**

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### **University Education**

#### **Buddhist Studies**

- 2011-2016. Ph.D. in Buddhist Studies, Centre of Buddhist Studies, Faculty of Arts, The University of Hong Kong.  
(Thesis: “Ancient Indian Medicine in Early Buddhist Literature: A Study Based on the *Bhesajjakkhandhaka* and the Parallels in Other *Vinaya* Canons”)
- 2008-2010. M.BuddhStud. (Distinction), Centre of Buddhist Studies, Faculty of Arts, The University of Hong Kong.

#### **Medical/Health Disciplines**

- 2016-2018. M.SocSc. (Counselling) (Distinction), Department of Social Work and Social Administration, Faculty of Social Sciences, The University of Hong Kong.
- 1986-1992. M.B., B.S. (Hons), Faculty of Medicine, The University of Sydney.

### **Research Interests**

- Buddhism and Health/Healing
- Buddhist Psychology, Psychotherapy, and Counselling
- Buddhist Medicine
- Buddhist Meditation
- Chinese Buddhism, especially Chan School
- Vinaya Studies
- Translation and Comparative Studies of Pāli, Sanskrit, Chinese and Tibetan Buddhist literature

## Teaching/Work Experience

- 2018/8-present. Assistant Professor, Centre of Buddhist Studies, Chu Hai College of Higher Education, Hong Kong.
- 2016/8-2018/7. Postdoctoral Fellow, Centre of Buddhist Studies, The University of Hong Kong.
- 2010-2013. Teaching Assistant for Pāli language course, Centre of Buddhist Studies, The University of Hong Kong.
- 1997-present. Buddhist Monk (Chinese tradition).
- 1993-1995. Medical Officer, The Hospital Authority, Hong Kong.
- 1992-1993. Intern & Resident Medical Officer, Westmead Hospital, Sydney.

## Current Teaching Courses

- RBS211 Basic Pali (巴利語初階). First semester, 2018-19.
- RBS102 Chan (Zen) Studies and Psychology (禪學與心理學). Second semester, 2018-19.

## Scholarships/Awards

- Tung Lin Kok Yuen Award for Excellence in Buddhist Studies, 2016.
- Glorious Sun Group Sponsorship (for M.SocSc. (Counselling) course), 2016-2018.
- HKU Postgraduate Scholarship (for Ph.D. 4-year curriculum), 2011-2015.
- Glorious Sun Group Postgraduate Scholarship in Buddhist Studies (for M.BuddhStud. course), 2008-2010.

## Conference Presentations

“Medical Sciences in the *Vinaya Piṭakas*: A Study mainly based on the *Bhesajjakkhandhaka* and its parallel versions.” *The 17th Congress of the International Association of Buddhist Studies (IABS)*, Vienna, Austria: University of Vienna, 18-23 August, 2014. (Refereed conference)

“Ancient Indian Medicine in the *Bhaiṣajya-skandhaka* of the *Dharmaguptaka-vinaya*.” *The 5th Annual Tung Lin Kok Yuen Canada Foundation Conference “Buddhism and Wellbeing:*

*Therapeutic Approaches to Human Flourishing*” (Hosted by the University of British Columbia’s Robert H. N. Ho Family Foundation Program in Buddhism and Contemporary Society), Vancouver, Canada: University of British Columbia, 28-30 May, 2015. (Refereed conference)

“Diseases and Treatments in the *Chapter on Medicine* in the *Vinaya Piṭakas*.” *The 18th Congress of the International Association of Buddhist Studies (IABS)*, Toronto, Canada: University of Toronto, 20-25 August, 2017. (Refereed conference)

“*Materia medica* in the *Vinayapiṭakas* of the Chinese Buddhist *Tripitaka*.” *The 7th International Chinese Buddhism & Sheng Yen Conference*, Taipei, Taiwan: GIS NTU Convention Center, National Taiwan University (集思臺大會議中心), 28-30 June, 2018. (Refereed conference)

### **Public Lectures**

“Understanding the Buddhist Perspectives on Health” (了解佛教健康觀) at *Art & Mindfulness Practice One Day Retreat* (思生活一日營：健康篇), Sir Run Run Shaw Hall, Hong Kong: The Chinese University of Hong Kong (香港中文大學邵逸夫堂), 29 May, 2016.

“Buddhism and Health” (佛教與健康), Tuen Mun, Hong Kong: Yuen Ming Monastery (圓明寺), 5 February, 2017.